

**Cambridge  
& Uttlesford  
CRUSE  
Bereavement Care**

Offers FREE help with life's worst disaster – the death of a life partner, a child, a parent or close friend.

**We provide:**

Counselling in your own home by trained, experienced volunteers who are familiar with the problems you face

Information about the aid that is available from other sources

Can you help us; we need more volunteer counsellors, fundraisers and committee members

**HELPLINE: 01223 302662**